

Food: Ingredients  
Updated January 2012




# our food



Ingredient Listing

[www.mcdonalds.co.uk](http://www.mcdonalds.co.uk)





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## our menu

**At McDonald's®** we are committed to providing high quality food, using the best raw ingredients, working with trusted suppliers and ensuring consistent preparation standards.

Our menu is based on staple foods such as meat, fish, potatoes, eggs, milk and grain. High quality ingredients are used and we source a significant proportion of our products from the UK.

As a family restaurant serving around 2 million customers in the UK every day, McDonald's highest priority is food safety. We will not use any product or ingredient that does not meet our own high standards of quality and safety, or that has not received the approval of the relevant UK and EU authorities.

We have a highly trained team of professionals who work very closely with our supplier partners to develop and maintain the highest possible standards of food quality, safety and traceability at every stage.

We have made many changes to our menu in recent years. In particular we have broadened the choice of menu items to include portions of fruit and vegetables. We introduced fresh fruit bags in 2004, and in 2005 we added carrot sticks to our menu, enabling Happy Meal customers to make a choice between a fruit bag, carrot sticks or French Fries at no extra cost. For Extra Value Meals there is now the choice between a Garden Side Salad or French Fries. We also offer a much broader range of non-carbonated drinks such as fresh orange juice, organic semi skimmed milk and water.

In 2007 we switched to using organic semi skimmed milk for all our teas and coffees and also now only use Arabica coffee beans that have been specially selected by our supplier from sustainable farms certified by the Rainforest Alliance™. In addition PG tips tea is now fully from Rainforest Alliance Certified™ farms.

We work closely with organisations such as the Food Standards Agency (FSA) to ensure our food meets, and where possible exceeds, government guidelines.

As part of our nutrition information initiative, since 2006, nutrition and GDA information can be found on product packaging. This is supported by further materials available in our restaurants and through interactive, personalised tools on our websites [www.mcdonalds.co.uk](http://www.mcdonalds.co.uk) and [www.mcdonaldsmenu.info](http://www.mcdonaldsmenu.info) that enables customers to make the right choices for them.

The ingredients for our menu are listed in the following pages. This information is updated regularly, although it will not include details of the promotional products that we offer from time to time. If you have a query about a food or drink item which is not listed, please contact our Customer Services team on 08705 244622.

Serving safe, quality food that our customers can trust is McDonald's number one priority. We believe that food safety and quality start at the farm and we have worked with colleagues across Europe to develop an Assurance Programme that drives sustainable agriculture and improves standards.

### **MAAP**

McDonalds Agricultural Assurance Programme (MAAP) allows us to ensure that food safety and quality are fully integrated into our production cycle right from the start. Supporting sustainable and ethical production conditions, the programme is closely measured in order to deliver year-on-year improvements and covers such areas as:

- Environment
- Agricultural Practices
- Animal Welfare
- Animal Nutrition
- Animal Medication
- Genetics
- Transparency

## our menu

MAAP is the cornerstone of our agricultural policy. Together with our global corporate responsibility and socially responsible food supply policies, McDonald's is working in partnership with its suppliers towards a sustainable future.



Our menu is based on staple foods such as meat, fish, potatoes, eggs, milk and grain.

# our menu

## Beef

All our hamburger products, including Big Mac<sup>®</sup>, Quarter Pounder with Cheese, Hamburger, and Cheeseburger, are made using 100% beef - whole cuts of high quality forequarter and flank. Individual beef burgers are prepared and packaged at McDonald's approved meat suppliers who undertake thorough quality checks on every batch. Nothing is added or taken away from the beef - preservatives, additives, binders or fillers are never used. In the restaurant, two-sided hot plates are used to cook the beef, so no extra fat is needed during cooking. After cooking, the beef is seasoned with a little salt and pepper.

McDonald's is proud to be one of the biggest purchasers of British and Irish beef – sourcing from over 16,000 British and Irish farms. Each of these farms are accredited by nationally recognised Farm Assurance Schemes, including Assured British Meats (ABM) and Assured Food Standards, as well as being audited against our own strict requirements. Audits are also carried out by both our suppliers and independent auditors. The entire supply chain is closely monitored to ensure the highest standards of animal welfare, safety and quality – giving us full control over all aspects of farming, including feed and animal welfare, and ensuring we are able to trace right back to the farms on which the livestock was raised.

In 2008 we were the winner of the RSPCA Good Business Award (restaurant chain category), which recognises our commitment to improving animal welfare.

## Chicken

The only chicken meat we use across our entire chicken menu, including Chicken Legend<sup>®</sup>, Chicken Selects, Chicken McNuggets<sup>®</sup>, McChicken<sup>®</sup> Sandwich, Mayo Chicken, Chicken Snack Wraps<sup>™</sup>, Chicken & Bacon Salads and Deli Choice Wraps and Sandwiches is carefully deboned chicken breast meat. We only use poultry producers who have been accredited and regularly audited by our suppliers. In the UK the poultry must be produced to at least the standards set by

nationally recognised Farm Assurance Scheme. We also source chicken from other countries in Europe as well as Brazil and Thailand. All these supplies must comply with our MAAP standards.

Strict animal welfare standards are in place, which have been developed with our chicken suppliers. The feed used for rearing our chickens is not genetically modified and is free from antibiotic growth promoters. Diets are carefully formulated by experienced nutritionists, with bird health regularly monitored by veterinary personnel.

The Chicken Legend is made from a high quality piece of whole muscle chicken breast fillet in a crispy coating that is infused with seasoning and spices. It is served in a 'rustic' brown roll with Batavia lettuce and a choice of sauce, Spicy Tomato Salsa or Cool Mayo. The McChicken Sandwich and Mayo Chicken contain carefully deboned breast meat in a light batter coating and are served in a toasted bun with sauce and lettuce. Our Chicken McNuggets, which are also made from carefully deboned breast meat, are coated in a specially seasoned batter and served with a choice of sauce portions. Our deli Chicken pieces are made from chicken breast meat, marinated in a grilled style marinade. Our Chicken Selects are made from marinated strips of carefully deboned whole muscle chicken breast meat coated in a seasoned flour breadcrumb and served with a choice of sauce portions or as part of our Chicken Snack Wraps. Our Chicken & Bacon Salad range uses either a Chicken Legend patty for the Crispy Chicken & Bacon Salad or deli Chicken pieces in the Grilled Chicken & Bacon Salad.

## Pork

All of our suppliers of pork comply with UK animal welfare legislation and are covered by a recognised Farm Assurance scheme, such as British Quality Pork and Assured Food Standards (Red Tractor Assurance Scheme), as well as being audited against our own strict requirements. All manufacturing facilities are audited by independent auditors, and our suppliers conduct quality checks on every batch.

Our bacon is made from prime cuts of pork belly or back, which is trimmed, cured and carefully sliced. Our sausage patties are made from prime cuts of pork and are lightly seasoned with herbs.

## Fish

The fish we use in our Filet-o-Fish® is filleted Alaskan Pollock or Hoki, and in our Fish Fingers it is filleted Hoki. Both fish are sourced from sustainable fisheries. No additives of any kind are used in the filleted fish and great care is taken to ensure that only high quality fish is used. Every effort is made to remove all of the bones from the fish.

Our Filet-o-Fish is served in a steamed bun with tartare sauce and a small slice of cheese.

## Eggs

Since the end of 2008 all of the eggs used across the entire menu are Free Range. We take great care to ensure that all of our free range eggs conform to the Lion Mark code of practice. Our suppliers are accredited by the nationally recognised Free Range Farm Assurance scheme. In 2006 and 2007 we received the “Good Business of the Year Award” from the British Free-Range Egg Producers’ Association, which recognises our commitment to free-range egg production in the UK. All the eggs we use come from hens fed on a non-GM diet free from artificial colourants.

## Potatoes

McDonald’s famous French Fries are produced from only the best quality potatoes such as Russet Burbank, Shepody and Pentland Dell - the vast majority of which come from the UK. These varieties are selected because of their unique shape and size, which leads to our characteristically long fries. They also grow really well in UK soil.

No flavourings are added to our French Fries apart from a little salt prior to serving. At certain times of the year when there is little naturally occurring sugar in potatoes, a light sugar solution may be used to ensure that our French Fries maintain their characteristic golden colour.

## Dairy Products

All of our milk for our Milkshakes, McFlurry™ desserts and Organic Milk Bottles is sourced from farms in the British Isles. We can trace all this milk right back to the farms where it came from. The main ingredient in our Milkshakes is semi-skimmed milk (approximately 75%).

Organic semi skimmed milk is used for all our tea and coffees and is available in individual 250ml bottles. Experts confirm organic milk provides higher levels of vitamin E, antioxidants and Omega-3 fatty acids than regular milk.

## Produce

We choose to use iceberg lettuce for our main sandwiches because of its sweet flavour, crisp texture and popularity, and we use at least five varieties of salad leaf in our Premium salads – which count towards 2 portions of your 5 a Day target for Fruit and Vegetables.

We encourage good environmental practice, for example, water recycling is used to irrigate the crops during the summer months, while the waste lettuce is used as compost.

In our Happy Meal option there is a choice between Apple and Grape Fruit Bags, Carrot Sticks or French Fries, and in our Extra Value Meals you can choose between a Garden Side Salad or French Fries. Each portion of salad, fruit or carrot sticks counts as 1 portion towards your 5 a day target for Fruit and Vegetables.



## our menu

### Sauces

All our sauces are specially formulated and pasteurised to reduce the need for extra chemical preservatives. We take great care to ensure wherever possible natural flavours and natural colours are used.

### Cooking Oil

The cooking oil used in the restaurants is a non-hydrogenated vegetable oil that is a blend of High Oleic Sunflower Oil, Sunflower Oil, Rapeseed Oil and High Oleic Rapeseed Oil. It is used to prepare the following products: Chicken McNuggets, Chicken Selects, Chicken Legend patties, McChicken Sandwich patties, Mayo Chicken patties, Filet-o-Fish portions, Spicy Vegetable patties, French Fries, Hash Browns and Apple Pies.

Since 1998 the levels of Trans Fatty Acids in our cooking oil have been reduced from 30% to below 2%. This is the lowest possible level that can be achieved because of the presence of naturally occurring trans fats in oils.

### Nut and other Food Allergies

We are aware of the serious health risk to people who are allergic to whole peanuts, nuts or nut derivatives. These are therefore excluded as ingredients from all the products described in this document. However, we are unable to categorically state that our products are 100% free of nuts or nut derivatives, because as with all food manufacturers there is always the possibility of cross-contamination at some point in the food chain. This also applies to sesame seeds.

Customers should note that this policy applies only to McDonald's restaurants in the UK. In the event that a promotional product contains peanuts, nuts or nut derivatives, this will be clearly labelled in the restaurant. (Please note, this policy does not apply to McCafés).

Full allergen details on all our products can be found on our websites [www.mcdonalds.co.uk](http://www.mcdonalds.co.uk) and [www.mcdonaldsmenu.info](http://www.mcdonaldsmenu.info) - United Kingdom.

If we can help by providing further information on any of our products, we will be more than happy to do so. Please contact our Customer Services team on 08705 244622.

### McCafés

McCafés serve an additional range of bakery products and drinks. McCafés are unique in that some products may contain nuts as ingredients and some of the products may have been produced in an environment where nuts are handled. Customers are made aware of the special situation in the McCafés through the use of product labelling, door stickers, a poster and stickers on the tills. All McCafé products are delivered to the restaurant in sealed packaging, to reduce the risk of cross contamination, however, some products that use nuts as ingredients may be opened and sliced within the McCafé.

For further information, please contact our Customer Services team on 08705 244622.

## Vegetarian Information

The following food products have been approved by the Vegetarian Society as suitable for vegetarians:

Hash Brown, Pancakes & Syrup, Plain Bagel, Oatso Simple, French Fries, Garden Side Salad, Balsamic Dressing, BBQ Dip, Heinz Tomato Sauce, Smokey BBQ Dip, Sweet Chilli Dip, Sweet Curry Dip, Sweet & Sour Dip, Belgian Bliss Brownie, Carrot Sticks, Double Chocolate Muffin, Fruit Bag, Ice Cream Cone with Flake, Low Fat Blueberry Muffin, McFlurry – Crunchie, McFlurry Dairy Milk, Strawberry Sundae, Sugar Donut, Toffee Sundae. Further details about which drinks are suitable can be found on the reverse of the trayliners in the restaurants.

Spicy Vegetable Deli Sandwiches and Wraps and Vegetable Deluxe are currently not approved by the Vegetarian Society for the following reason:

The vegetable patties are cooked in a non hydrogenated vegetable oil, in their own dedicated cooking vats. These vats are used exclusively for the purpose of cooking this type of product (i.e. a non meat / non fish product). The cooking vats are filtered manually using a strict order of rotation to minimise any chance that oil residues from the previous filtering could get into the vat used for vegetable patties. However during this manual process there is a possibility that tiny traces of the vegetable oil used to cook the chicken and/or fish products may come into contact with the vegetable oil used to cook the vegetable patties. In summary, whilst our Spicy Vegetable Deli Wraps and Sandwiches and Vegetable Deluxe products are not approved by the Vegetarian Society, they do not contain any meat or meat by-products and are cooked in a 100% vegetable oil, using ingredients that are suitable for vegetarians. Our

food development team is currently investigating alternative cooking methods and liaising with the Vegetarian Society with a view to seeking Vegetarian Society approval once a new cooking method is established.

Please note our French Fries, which have been approved by the Vegetarian Society, are cooked using different equipment and are entirely segregated from the other products.

McDonald's UK does not offer any products which are certified as suitable for Vegans. However there are various options on the menu that are suitable for vegetarian and vegan diets such as: French Fries, Hash Browns, Oatso Simple made up with water instead of milk, Garden Side Salad, Fruit Bag and Carrot Sticks and the sauces: Heinz Tomato Ketchup, Spicy Tomato Salsa, Sweet Chilli Dip or Sauce, BBQ Dip, Sweet & Sour Dip and Sweet Curry Dip.

For more information please visit [www.makeupyourmind.co.uk](http://www.makeupyourmind.co.uk) or [www.mcdonalds.co.uk](http://www.mcdonalds.co.uk).

## Genetically Modified Organisms

McDonald's highest priority is for the safety of our customers. We will not use any product or ingredient that does not meet our high standards of quality and safety, or has not received the necessary approval by the relevant UK authorities. We can confirm that we do not use any genetically modified products or ingredients containing GM material in our food. We will continue to monitor consumer and scientific developments in this area.

## Balanced Diet

At McDonald's we recognise the important relationship between a balanced diet, lifestyle and health.

Government guidelines for a healthy diet are based around "The eatwell plate", for more details visit the Department of Health website at [www.dh.gov.uk](http://www.dh.gov.uk) or [www.nhs.uk/Livewell](http://www.nhs.uk/Livewell)

The Government guidelines list 8 top tips for eating well which are:

1. Base your meals on starchy foods.
2. Eat lots of fruit and vegetables.
3. Eat more fish.
4. Cut down on saturated fat and sugar.
5. Try to eat less salt – no more than 6g a day.
6. Get active and try to be a healthy weight.
7. Drink plenty of water.
8. Don't skip breakfast.

Nutritional information can be found on the packaging of many of our popular items, as well as on the back of all trayliners, and also on our interactive websites [www.mcdonalds.co.uk](http://www.mcdonalds.co.uk) and [www.mcdonaldsmenu.info](http://www.mcdonaldsmenu.info).

## Guideline Daily Amounts

	Adult*	Child**
Energy (kcal)	2000	1600
Protein (g)	75	60
Fat (g)	67	62
Carbohydrates (g)	275	200
Salt (g)	5	3

\* Adult figures are based on an average woman aged 20 – 30 years old who has a low physical activity level.

\*\* Child figures are based on a girl aged 4 – 7 years old with a normal physical activity level. For further information see website [www.mcdonaldsmenu.info](http://www.mcdonaldsmenu.info)

These websites provides nutrition and allergen information on all our products and allows you to calculate the nutrition content of your favourite meal combination to see how this fits in with your personal daily nutrition guidelines.

## Small Children – Safe Eating

Children need a balanced diet, including fruit and vegetables. Small children can choke on food, including some fruit such as grapes. It is important to always supervise small children while they are eating and to ensure that they eat when sitting down.

To minimise the risk of choking, food should be cut into small, non-round pieces (plastic knives are available on request in most McDonald's restaurants).



# breakfast menu

## Bacon & Egg McMuffin®

### English Muffin

Wheat Flour, Water, Yeast, Maize Grits, Ground Rice, Wheat Gluten, Sugar, Salt, Vegetable Oil (Rapeseed), Soya Flour, Dough Acidifier, Wheat Fibre, Preservative (Calcium Propionate), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyltartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Acidity Regulator (Tartaric Acid), Flour Treatment Agent (Ascorbic Acid).

### Back Bacon

Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

*Made with more than 140g of pork per 100g of finished product.*

### Egg

Free Range Egg.

*UK-sourced free-range egg produced to Lion Quality standards.*

### Cheddar Cheese Slice (processed)

Vegetarian Cheddar (51%), Water, Butter, Vegetarian Cheese (9%), Whey Powder, Milk Proteins, Emulsifying Salts (Trisodium Citrate, Citric Acid), Natural Cheese Flavouring, Salt, Preservative (Sorbic Acid), Colour (Natural Carotenes, Paprika Extract), Anti-caking Agent (Soya Lecithin).

### Liquid Dairy Blend

Vegetable Oil (Rapeseed), Water, Butter Oil, Buttermilk Powder, Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Nature Identical Butter Flavour), Colour (Beta Carotene).

## Double Bacon & Egg McMuffin®

As Bacon and Egg McMuffin, but with two slices of bacon.

## Big Breakfast

### Scrambled Eggs

Pasteurised Free Range Liquid Egg, Pasteurised Whole Milk.

### Pork Sausage Patty

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

### Hash Brown

Potatoes, Vegetable Oil (Sunflower, Rapeseed), Salt, Cornflour, Dehydrated Potato, Dextrose, Stabiliser (Disodium Diphosphate), Black Pepper Extract.

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

### English Muffin

Wheat Flour, Water, Yeast, Maize Grits, Ground Rice, Wheat Gluten, Sugar, Salt, Vegetable Oil (Rapeseed), Soya Flour, Dough Acidifier, Wheat Fibre, Preservative (Calcium Propionate), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyltartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Acidity Regulator (Tartaric Acid), Flour Treatment Agent (Ascorbic Acid).

### Liquid Dairy Blend

Vegetable Oil (Rapeseed), Water, Butter Oil, Buttermilk Powder, Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Nature Identical Butter Flavour), Colour (Beta Carotene).

## Bacon Roll

### Roll

Wheat Flour, Water, Vegetable Oil (Rapeseed), Rye Flour, Sugar, Yeast, Thickener (Guar Gum), Salt, Acidity Regulator (Sodium Diacetate), Flour Treatment Agent (Ascorbic Acid).

**Back Bacon**

Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

*Made with more than 140g of pork per 100g of finished product.*

**Either:****Brown Sauce**

Water, Sugar, Spirit Vinegar, Malt Vinegar (From Barley), Dates, Tomato Paste, Cane Molasses, Rye Flour, Salt, Modified Maize Starch, Natural Flavourings, Soya Sauce (Water, Salt, Glucose, Soybean, Barley Malt Extract, Spirit Vinegar, Wheat Flour), Spices, Barley Malt Extract, Preservative (Potassium Sorbate).

**Or:****Tomato Ketchup (Heinz)**

Tomatoes (126g per 100g Ketchup), Spirit Vinegar, Sugar, Salt, Spices and Herb Extract (contains Celery), Spice, Garlic Powder.

**Pancakes & Sausage****Pancakes**

Water, Wheat Flour, Sugar, Maize Flour, Spray Dried Vegetable (Palm) Fat (With Milk Proteins), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Vegetable Oil (Rapeseed), Dextrose, Whey Powder, Maize Starch, Emulsifiers (Mono and Di-Glycerides of Fatty Acids, Polyglycerol Esters of Fatty Acids, Sodium Stearoyl-2 Lactylate), Whole Egg Powder (Free Range Eggs), Egg Albumen Powder (Free Range Eggs), Wheat Gluten, Natural Flavourings, Salt, Colour (Beta Carotene).

**Pork Sausage Patty**

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

**Pancake Syrup (optional)**

Glucose Syrup, Sugar, Water, Natural Flavourings, Caramelised Sugar Syrup, Preservative (Potassium Sorbate).

**Butter Portion (Optional)**

Butter (80% fat), Salt (1.7%).

**Pancakes & Syrup**

As Pancakes and Sausage, but without the pork sausage patty.

**Butter Portion (Optional)**

Butter (80% fat), Salt (1.7%).

**Hash Brown**

Potatoes, Vegetable Oil (Sunflower, Rapeseed), Salt, Cornflour, Dehydrated Potato, Dextrose, Stabiliser (Disodium Diphosphate), Black Pepper Extract

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

**Sausage & Egg McMuffin®****English Muffin**

Wheat Flour, Water, Yeast, Maize Grits, Ground Rice, Wheat Gluten, Sugar, Salt, Vegetable Oil (Rapeseed), Soya Flour, Dough Acidifier, Wheat Fibre, Preservative (Calcium Propionate), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyltartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Acidity Regulator (Tartaric Acid), Flour Treatment Agent (Ascorbic Acid).

**Pork Sausage Patty**

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

**Egg**

Free Range Egg.

*UK-sourced free-range egg produced to Lion Quality standards.*

# breakfast menu

## **Cheddar Cheese Slice (processed)**

Vegetarian Cheddar (51%), Water, Butter, Vegetarian Cheese (9%), Whey Powder, Milk Proteins, Emulsifying Salts (Trisodium Citrate, Citric Acid), Natural Cheese Flavouring, Salt, Preservative (Sorbic Acid), Colour (Natural Carotenes, Paprika Extract), Anti-caking Agent (Soya Lecithin).

## **Liquid Dairy Blend**

Vegetable Oil (Rapeseed), Water, Butter Oil, Buttermilk Powder, Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Nature Identical Butter Flavour), Colour (Beta Carotene).

## **Double Sausage & Egg McMuffin™**

As Sausage and Egg McMuffin, but with two pork sausage patties.

## **Bagel\***

Wheat Flour, Water, Rye Flour, Sugar, Rapeseed Oil, Salt, Yeast, Wheat Gluten, Calcium Propionate, Barley Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

*\* subject to supplier variation.*

## **Philadelphia Light Dip**

Medium Fat Soft Cheese. Added Ingredients: Stabilisers (Locust Bean Gum, Carrageenan), Citric Acid.

## **Oatso Simple®**

Quaker Rolled Oats, Stabiliser (Soya Lecithin).

*Prepared with organic semi-skimmed milk.*

## **Strawberry Jam**

Glucose-Fructose Syrup, Strawberries (35%), Sugar, Gelling Agent (Pectin), Acidity Regulator (Citric Acid).

## **Bacon, Egg & Cheese Bagel**

### **Bagel\***

Wheat Flour, Water, Rye Flour, Sugar, Rapeseed Oil, Salt, Yeast, Wheat Gluten, Calcium Propionate, Barley Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

### **Back Bacon**

Pork, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

*Made with more than 140g of pork per 100g of finished product.*

### **Folded Egg**

Pasteurised Free Range Liquid Egg, Pasteurised Whole Milk.

### **Cheddar Cheese Slice (processed)**

Vegetarian Cheddar (51%), Water, Butter, Vegetarian Cheese (9%), Whey Powder, Milk Proteins, Emulsifying Salts (Trisodium Citrate, Citric Acid), Natural Cheese Flavouring, Salt, Preservative (Sorbic Acid), Colour (Natural Carotenes, Paprika Extract), Anti-caking Agent (Soya Lecithin).

### **Liquid Dairy Blend**

Vegetable Oil (Rapeseed), Water, Butter Oil, Buttermilk Powder, Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Nature Identical Butter Flavour), Colour (Beta Carotene).

## **Sausage Egg and Cheese Bagel**

### **Bagel\***

Wheat Flour, Water, Rye Flour, Sugar, Rapeseed Oil, Salt, Yeast, Wheat Gluten, Calcium Propionate, Barley Malt Flour, Flour Treatment Agent (Ascorbic Acid), Maize Grits.

### **Pork Sausage Patty**

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract.

**Folded Egg**

Pasteurised Free Range Liquid Egg, Pasteurised Whole Milk.

**Cheddar Cheese Slice (processed)**

Vegetarian Cheddar (51%), Water, Butter, Vegetarian Cheese (9%), Whey Powder, Milk Proteins, Emulsifying Salts (Trisodium Citrate, Citric Acid), Natural Cheese Flavouring, Salt, Preservative (Sorbic Acid), Colour (Natural Carotenes, Paprika Extract), Anti-caking Agent (Soya Lecithin).

**Liquid Dairy Blend**

Vegetable Oil (Rapeseed), Water, Butter Oil, Buttermilk Powder, Salt (0.6%), Emulsifiers (Mono- and Diglycerides of Fatty Acids, Citric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-Lactylate), Flavour (Nature Identical Butter Flavour), Colour (Beta Carotene).

**Butter Portion**

Butter (80% fat), Salt (1.7%)

**Flora Original Portion**

Vegetable Oil (Sunflower (36%), Rapeseed, Linseed, Palm), Water, Salt (1.4%), Buttermilk, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Citric Acid, Vitamin E, Vitamin B6, Flavouring, Colour (Beta Carotene), Folic Acid, Vitamins A, D and B12.

**Breakfast Wrap****Wrap**

Wheat Flour, Water, Humectant (Glycerol), Vegetable Oil (Rapeseed Oil), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono and Di-Glycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, Wheat Starch, Flour Treatment Agent (L-Cysteine Hydrochloride)

**Pork Sausage Patty**

Pork (97%), Salt, Dextrose, Herb and Herb Extract, Glucose Syrup, Spice, Yeast Extract

**Folded Egg**

Pasteurised Free Range Liquid Egg, Pasteurised Whole Milk.

**Potato Rosti**

Potatoes, Vegetable Oil (Sunflower, Rapeseed), Dehydrated Potato Flake, Dextrose, Stabiliser (Disodium Diphosphate)

*Prepared in the restaurants using a non-hydrogenated vegetable oil*

**Streaky Bacon**

Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate)

*Made with more than 220g pork per 100g of finished product.*

Either:

**Brown Sauce**

Water, Sugar, Spirit Vinegar, Malt Vinegar (From Barley), Dates, Tomato Paste, Cane Molasses, Rye Flour, Salt, Modified Maize Starch, Natural Flavourings, Soya Sauce (Water, Salt, Glucose, Soybean, Barley Malt Extract, Spirit Vinegar, Wheat Flour), Spices, Barley Malt Extract, Preservative (Potassium Sorbate)

Or:

**Tomato Ketchup (Heinz)**

Tomatoes (126g per 100g Ketchup), Spirit Vinegar, Sugar, Salt, Spice and Herb Extract (contains Celery), Spice, Garlic Powder

**Cheddar Cheese Slice (processed)**

Vegetarian Cheddar (51%), Water, Butter, Vegetarian Cheese (9%), Whey Powder, Milk Proteins, Emulsifying Salts (Trisodium Citrate, Citric Acid), Natural Cheese Flavouring, Salt, Preservative (Sorbic Acid), Colour (Natural Carotenes, Paprika Extract), Anti-caking Agent (Soya Lecithin)

# main menu

## Big Mac

### Bun

Wheat Flour, Water, Sugar, Yeast, Sesame Seeds, Vegetable Oil (Rapeseed), Salt, Wheat Fibre, Soya Flour, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl Lactylate), Palm Oil, Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

### Beef

100% Pure Beef. No additives, fillers, binders, preservatives or flavour enhancers. Just pure forequarter and flank. A little salt and pepper is added after cooking.

### Big Mac Sauce

Water, Vegetable Oil (Soya Bean or Rapeseed), Diced Gherkin, Sugar, Spirit Vinegar, Modified Maize Starch, Free Range Egg Yolk, Mustard Seed, Salt, Acetic Acid, Mustard Flour, High Fructose Corn Syrup, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Natural Flavourings, Dried Garlic, Spice, Colour (Paprika Extract).

### Cheddar Cheese Slice (processed)

Vegetarian Cheddar (51%), Water, Butter, Vegetarian Cheese (9%), Whey Powder, Milk Proteins, Emulsifying Salts (Trisodium Citrate, Citric Acid), Natural Cheese Flavouring, Salt, Preservative (Sorbic Acid), Colour (Natural Carotenes, Paprika Extract), Anti-caking Agent (Soya Lecithin).

### Lettuce

100% Iceberg Lettuce.

### Onions

100% Onion

### Dill Pickle Slices

Cucumbers, Water, Salt, Vinegar, Dill Pickle Blends (contains Gum Arabic, Extractives of Dill and other spices, Extractives of Turmeric, Salt), Calcium Chloride, Potassium Sorbate, Sodium Benzoate.

## Hamburger

### Bun

Wheat Flour, Water, Sugar, Yeast, Vegetable Oil (Rapeseed), Salt, Soya Flour, Wheat Fibre, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl Lactylate), Palm Oil, Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

### Beef

100% Pure Beef. No additives, fillers, binders, preservatives or flavour enhancers. Just pure forequarter and flank. A little salt and pepper is added after cooking.

### Tomato Ketchup (Heinz)

Tomatoes (126g per 100g Ketchup), Spirit Vinegar, Sugar, Salt, Spice and Herb Extract (contains Celery), Spice, Garlic Powder.

### Mustard

Water, Spirit Vinegar, Mustard Seed (13%), Salt, Spices, Natural Clove Flavouring.

### Onions

100% Onion

### Dill Pickle Slices

Cucumbers, Water, Salt, Vinegar, Dill Pickle Blends (contains Gum Arabic, Extractives of Dill and other spices, Extractives of Turmeric, Salt), Calcium Chloride, Potassium Sorbate, Sodium Benzoate.

## Cheeseburger

### Bun

Wheat Flour, Water, Sugar, Yeast, Vegetable Oil (Rapeseed), Salt, Soya Flour, Wheat Fibre, Emulsifiers (Mono- and Diglycerides of Fatty Acids,

Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl Lactylate), Palm Oil, Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

**Beef**

100% Pure Beef. No additives, fillers, binders, preservatives or flavour enhancers. Just pure forequarter and flank. A little salt and pepper is added after cooking.

**Cheddar Cheese Slice (processed)**

Vegetarian Cheddar (51%), Water, Butter, Vegetarian Cheese (9%), Whey Powder, Milk Proteins, Emulsifying Salts (Trisodium Citrate, Citric Acid), Natural Cheese Flavouring, Salt, Preservative (Sorbic Acid), Colour (Natural Carotenes, Paprika Extract), Anti-caking Agent (Soya Lecithin).

**Tomato Ketchup (Heinz)**

Tomatoes (126g per 100g Ketchup), Spirit Vinegar, Sugar, Salt, Spice and Herb Extract (contains Celery), Spice, Garlic Powder.

**Mustard**

Water, Spirit Vinegar, Mustard Seed (13%), Salt, Spices, Natural Clove Flavouring.

**Onions**

100% Onion

We use two-sided hot plates to cook our beef patties thoroughly and quickly. No extra fat is added during cooking.

# main menu

## **Dill Pickle Slices**

Cucumbers, Water, Salt, Vinegar, Dill Pickle Blends (contains Gum Arabic, Extractives of Dill and other spices, Extractives of Turmeric, Salt), Calcium Chloride, Potassium Sorbate, Sodium Benzoate.

## **Double Cheeseburger**

As Cheeseburger, but with two beef patties and two slices of cheese.

## **Quarter Pounder\* with Cheese**

### **Beef**

100% Pure Beef. No additives, fillers, binders, preservatives or flavour enhancers. Just pure forequarter and flank. A little salt and pepper is added to season after cooking.

(\*113.4 grams approx. pre-cooked weight).

### **Bun**

Wheat Flour, Water, Sugar, Yeast, Sesame Seeds, Vegetable Oil (Rapeseed), Salt, Soya Flour, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl Lactylate), Wheat Fibre, Palm Oil, Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

### **Cheddar Cheese Slice (processed)**

Vegetarian Cheddar (51%), Water, Butter, Vegetarian Cheese (9%), Whey Powder, Milk Proteins, Emulsifying Salts (Trisodium Citrate, Citric Acid), Natural Cheese Flavouring, Salt, Preservative (Sorbic Acid), Colour (Natural Carotenes, Paprika Extract), Anti-caking Agent (Soya Lecithin).

### **Tomato Ketchup (Heinz)**

Tomatoes (126g per 100g Ketchup), Spirit Vinegar, Sugar, Salt, Spice and Herb Extract (contains Celery), Spice, Garlic Powder.

### **Mustard**

Water, Spirit Vinegar, Mustard Seed (13%), Salt, Spices, Natural Clove Flavouring.

## **Fresh Onions**

100% Fresh Onion

## **Dill Pickle Slices**

Cucumbers, Water, Salt, Vinegar, Dill Pickle Blends (contains Gum Arabic, Extractives of Dill and other spices, Extractives of Turmeric, Salt), Calcium Chloride, Potassium Sorbate, Sodium Benzoate.

## **Filet-o-Fish**

### **Bun**

Wheat Flour, Water, Sugar, Yeast, Vegetable Oil (Rapeseed), Salt, Soya Flour, Wheat Fibre, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl Lactylate), Palm Oil, Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

### **Fish Filet Portion**

Hoki or Alaskan Pollock (75%), Wheat Flour, Water, Modified Wheat Starch, Cornflour, Salt, Corn Starch, Yeast, Stabiliser (Carboxy Methyl Cellulose).

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

### **Cheddar Cheese Slice (processed)**

Vegetarian Cheddar (51%), Water, Butter, Vegetarian Cheese (9%), Whey Powder, Milk Proteins, Emulsifying Salts (Trisodium Citrate, Citric Acid), Natural Cheese Flavouring, Salt, Preservative (Sorbic Acid), Colour (Natural Carotenes, Paprika Extract), Anti-caking Agent (Soya Lecithin).

### **Tartare Sauce**

Water, Vegetable Oil (Soya Bean or Rapeseed Oil), Diced Gherkin, Diced Onion, Free Range Egg Yolk, Modified Maize Starch, Sugar, Spirit Vinegar, Salt, Acetic Acid, Stabiliser (Xanthan Gum), Capers, Firming Agent (Calcium Chloride), Natural Flavouring, Mustard Flour, Preservative (Potassium Sorbate), Parsley.

## Vegetable Deluxe\*\*

### Sesame Bun

Wheat Flour, Water, Sugar, Yeast, Sesame Seeds, Vegetable Oil (Rapeseed), Salt, Soya Flour, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl Lactylate), Wheat Fibre, Palm Oil, Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

### Spicy Vegetable Patty

Chick Peas (24%), Wheat Flour, Onion (14%), Water, Yellow Split Peas (7%), Vegetable Oils (Rapeseed, Sunflower, Palm), Potato (4%), Oat Fibre, Rice Flour, Spices, Herbs, Garlic Puree, Salt, Sugar, Yeast, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate).

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

### Sandwich Sauce

Water, Vegetable Oil (Soya Oil), Sugar, Spirit Vinegar, Modified Maize Starch, Free Range Egg Yolk, Salt, Stabiliser (Xanthan Gum), Mustard Seed, Preservative (Potassium Sorbate), Lemon Juice Concentrate, Mustard Flour, Natural Flavour (contains Soya), Garlic Powder, Ground White Pepper, Colours (Curcumin, Paprika Extract).

### Lettuce

100% Iceberg Lettuce

\*\*Currently not approved by the Vegetarian Society. See page 6 for more details.

## Chicken McNuggets

Chicken (45%), Coating [Vegetable Oil (Rapeseed, Sunflower), Wheat Flour, Water (8%), Maize Flour, Modified Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Whey Powder (from Milk), Flavour Enhancer (Potassium Chloride), Egg Albumen (Free Range Egg), Ground Pepper, Breadcrumb (Wheat Flour, Salt), Salt, Dextrose, Ground Celery], Water (7%), Potato Starch, Vegetable Oil (Rapeseed, Sunflower), Natural Flavouring (from Free Range Egg), Flavour Enhancer (Potassium Chloride).

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

## Chicken Legend

### Brown Bakehouse Roll\*

Wheat Flour, Water, Wholemeal Wheat Flour, Vegetable Oil (Rapeseed), Sugar, Salt, Yeast, Emulsifier (Mono- and Diacetyl tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Thickener (Guar Gum), Flour Treatment Agent (Ascorbic Acid).

\* *subject to availability*

### Chicken Legend Patty

Chicken (60%), Coating [Wheat Flour, Vegetable Oil (Rapeseed, Sunflower), Water, Breadcrumbs (Wheat Flour, Salt, Yeast), Maize Starch, Egg Albumen (Free Range Egg), Pepper, Potato Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Salt, Dried Parsley, Natural Flavouring (contains Milk, Mustard), Ground White Pepper, Milk Protein, Mustard Flour, Stabiliser (Methyl Cellulose), Colours (Capsanthin, Curcumin), Ground Red Pepper, Celery Seed], Water, Potato Starch, Natural Flavourings, Yeast Extract Powder, Salt, Ground White Pepper, Anti-caking Agent (Silicon Dioxide), Emulsifier (Polysorbate 80).

*Prepared in the restaurants using a non-hydrogenated vegetable oil*

### Either:

#### Spicy Tomato Salsa

Water, Tomato (20%), Dried Glucose Syrup, Onion (13%), Tomato Puree (9%), Sugar, Spirit Vinegar, Salt, Spices, Modified Maize Starch, Garlic Puree, Lemon Juice Concentrate, Green Jalapeño Pepper (0.6%), Red Bell Pepper, Acetic Acid, Herb, Preservative (Potassium Sorbate).

### Or:

#### Cool Mayo

Water, Vegetable Oil (Soya Bean or Rapeseed Oil) (38%), Free Range Egg Yolk (4%), Modified Maize Starch, Spirit Vinegar, Sugar, Salt, Mustard Flour, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

### Lettuce

100% Batavia Lettuce.

# main menu

## McChicken Sandwich

### Sesame Bun

Wheat Flour, Water, Sugar, Yeast, Sesame Seeds, Vegetable Oil (Rapeseed), Salt, Soya Flour, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl Lactylate), Wheat Fibre, Palm Oil, Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

### Coated Chicken Patty

Chicken (53%), Vegetable Oil (Rapeseed, Sunflower), Water, Wheat Flour, Maize Starch, Maize Flour, Potato Starch, Modified Wheat Starch, Flavour Enhancer (Potassium Chloride), Salt, Mustard Flour, Natural Flavourings (contains Milk), Dried Egg Albumen (Free Range Egg), Raising agents (Disodium Diphosphate, Sodium Bicarbonate), Sugar, Anti-caking Agent (Silicon Dioxide).

*Prepared in the restaurants using non-hydrogenated vegetable oil.*

### Sandwich Sauce

Water, Vegetable Oil (Soya Oil), Sugar, Spirit Vinegar, Modified Maize Starch, Free Range Egg Yolk, Salt, Stabiliser (Xanthan Gum), Mustard Seed, Preservative (Potassium Sorbate), Lemon Juice Concentrate, Mustard Flour, Natural Flavour (contains Soya), Garlic Powder, Ground White Pepper, Colours (Curcumin, Paprika Extract).

### Lettuce

100% Iceberg Lettuce

## Fish Fingers

Hoki Fillet (65%), Wheat Flour, Water, Modified Wheat Starch, Corn Flour, Salt, Corn Starch, Yeast, Stabiliser (Carboxy Methyl Cellulose).

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

## French Fries

Potatoes, Vegetable Oil (Sunflower, Rapeseed)\*.

\* Dextrose – only added at the beginning of the season.

*Prepared in the restaurants using a non-hydrogenated vegetable oil. Salt is added after cooking.*

## Chicken Selects

Chicken (57%), Wheat Flour, Vegetable Oil (Rapeseed, Sunflower), Water (6%), Rice Flour, Modified Maize Starch, Wheat Gluten, Salt, Potato Starch, Natural Flavourings (contains Mustard), Onion Powder, Garlic Powder, Ground White Pepper, Ground Black Pepper, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Stabiliser (Carrageenan), Yeast Extract, Colour (Paprika Extract), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Ground Red Pepper, Anti-Caking Agent (Silicon Dioxide), Dextrose, Ground Celery Seed, Emulsifier (Polysorbate 80).

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

## Mayo Chicken

### Bun

Wheat Flour, Water, Sugar, Yeast, Vegetable Oil (Rapeseed), Salt, Soya Flour, Wheat Fibre, Emulsifiers (Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl Lactylate), Palm Oil, Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

**Chicken Patty**

Chicken (44%), Wheat Flour, Water, Breadcrumbs (Rusk, Wheat Flour, Water, Yeast, Salt, Raising Agent (Ammonium Carbonate), Sunflower Oil), Vegetable Oil (Rapeseed, Sunflower), Maize Starch, Potato Starch, Salt, Natural Flavouring (contains Free Range Egg), Raising Agents (Diphosphate, Sodium Carbonate, Calcium Phosphate), Flavour Enhancer (Potassium Chloride), Modified Starches (Wheat and Tapioca), Wheat Gluten, Dextrose, Pepper, Garlic Powder, Yeast Extract.

*Prepared in the restaurants using non-hydrogenated vegetable oil.*

**Shredded Lettuce**

100% Iceberg Lettuce

**Cool Mayo**

Water, Vegetable Oil (Soya Bean or Rapeseed Oil) (38%), Free Range Egg Yolk (4%), Modified Maize Starch, Spirit Vinegar, Sugar, Salt, Mustard Flour, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

**Dips****Sweet Curry Dip**

Water, Glucose-Fructose Syrup, Apricot Puree Concentrate, Sugar, Spirit Vinegar, Modified Maize Starch, Ground Coriander Seed, Salt, Tomato Paste, Vegetable Oil (Rapeseed Oil), Dried Onion, Ground Mustard Seed, Rice Flour, Spices, Colours (Ammonia Caramel, Curcumin, Paprika Extract), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Stabiliser (Xanthan Gum), Dried Garlic, Ground Celery Seed, Ground Red Pepper, Herbs.

**Sweet and Sour Dip**

Glucose-Fructose Syrup, Water, Apricot Puree, Spirit Vinegar, Soy Sauce (Water, Salt, Glucose, Soya Bean, Barley Malt Extract, Spirit Vinegar, Wheat Flour), Modified Maize Starch, Natural Flavourings (contains Wheat, Soya, Celery), Vegetable Oil (Rapeseed Oil), Sugar, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Caramelised Sugar Syrup.

**Heinz Tomato Ketchup Dip**

Tomatoes (126g per 100g Ketchup), Spirit Vinegar, Sugar, Salt, Spice and Herb Extract (contains Celery), Spice, Garlic Powder.

**Barbeque Dip**

Glucose-Fructose Syrup, Water, Tomato Puree (13.8%), Red Wine Vinegar, Spirit Vinegar, Salt, Modified Maize Starch, Vegetable Oil (Rapeseed), Mustard Flour, Colour (Sulphite Ammonia Caramel), Stabiliser (Xanthan Gum), Smoke Flavouring, Preservative (Potassium Sorbate).

**Sweet Chilli Dip**

Sugar, Water, Spirit Vinegar, Red Chillies (5%), Modified Maize Starch, Salt, Vegetable Oils (Soya Bean, Sunflower), Dried Chillies (0.5%), Garlic Puree, Dried Red Bell Pepper, Acidity Regulator (Citric Acid), Stabilisers (Guar Gum, Xanthan Gum), Colour (Paprika Extract), White Wine Vinegar, Preservative (Potassium Sorbate).

**Sour Cream & Chive Dip**

Water, Vegetable Oil (Rapeseed Oil), Sour Cream (10%), Chives (3.5%), Free Range Egg Yolk, Modified Maize Starch, Low Fat Natural Yoghurt, Diced Onion, Salt, Acetic Acid, Lactic Acid, Stabilisers (Guar Gum, Xanthan Gum), Natural Flavouring, Preservative (Potassium Sorbate), Ground Black Pepper.

**Smoky BBQ Dip**

Reconstituted Tomato Puree (41%), Glucose-Fructose Syrup, Honey, Spirit Vinegar, Modified Maize Starch, Cane Molasses, Salt, Colour (Ammonia Caramel), Chipotle Chili Paste (Vegetable Oil (Rapeseed Oil), Water, Chipotle Chili Powder, White Wine Vinegar, Malic Acid), Smoke Flavouring, Spices, Dried Red Bell Pepper, Vegetable Oil (Rapeseed Oil), Preservative (Potassium Sorbate), Dried Onion, Dried Garlic, Stabiliser (Xanthan Gum).

## Sweet Chilli Chicken Deli Sandwich

### Deli Roll

Wheat Flour, Water, Wholemeal Wheat Flour, Vegetable Oil (Rapeseed), Sugar, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Thickener (Guar Gum), Flour Treatment Agent (Ascorbic Acid).

### Chicken Legend Patty

Chicken (60%), Coating [Wheat Flour, Vegetable Oil (Rapeseed, Sunflower), Water, Breadcrumbs (Wheat Flour, Salt, Yeast), Maize Starch, Egg Albumen (Free Range Egg), Pepper, Potato Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Salt, Dried Parsley, Natural Flavouring (contains Milk, Mustard), Ground White Pepper, Milk Protein, Mustard Flour, Stabiliser (Methyl Cellulose), Colours (Capsanthin, Curcumin), Ground Red Pepper, Celery Seed], Water, Potato Starch, Natural Flavourings, Yeast Extract Powder, Salt, Ground White Pepper, Anti-caking Agent (Silicon Dioxide), Emulsifier (Polysorbate 80).

*Prepared in the restaurants using a non-hydrogenated vegetable oil*

### Cool Mayo

Water, Vegetable Oil (Soya Bean or Rapeseed Oil) (38%), Free Range Egg Yolk (4%), Modified Maize Starch, Spirit Vinegar, Sugar, Salt, Mustard Flour, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

### Sweet Chilli Sauce

Sugar, Water, Spirit Vinegar, Red Chillies (5%), Modified Maize Starch, Salt, Vegetable Oil (Rapeseed or Soya Bean), Dried Chillies (0.5%), Garlic Puree, Dried Red Bell Pepper, Acidity Regulator (Citric Acid), Stabilisers (Guar Gum, Xanthan Gum), Colour (Paprika Extract), White Wine Vinegar, Preservative (Potassium Sorbate).

### Cucumber

100% Cucumber.

### Lettuce

100% Iceberg Lettuce.

## Sweet Chilli Chicken Deli Wrap

### Deli Choice Wrap

Wheat Flour, Water, Humectant (Glycerol), Vegetable Oil (Rapeseed Oil), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, Wheat Starch, Flour Treatment Agent (L-Cysteine Hydrochloride)

### Chicken Select

Chicken (57%), Wheat Flour, Vegetable Oil (Rapeseed, Sunflower), Water (6%), Rice Flour, Modified Maize Starch, Wheat Gluten, Salt, Potato Starch, Natural Flavourings (contains Mustard), Onion Powder, Garlic Powder, Ground White Pepper, Ground Black Pepper, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Stabiliser (Carrageenan), Yeast Extract, Colour (Paprika Extract), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Ground Red Pepper, Anti-Caking Agent (Silicon Dioxide), Dextrose, Ground Celery Seed, Emulsifier (Polysorbate 80).

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

### Cool Mayo

Water, Vegetable Oil (Soya Bean or Rapeseed Oil) (38%), Free Range Egg Yolk (4%), Modified Maize Starch, Spirit Vinegar, Sugar, Salt, Mustard Flour, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

### Sweet Chilli Sauce

Sugar, Water, Spirit Vinegar, Red Chillies (5%), Modified Maize Starch, Salt, Vegetable Oil (Rapeseed or Soya Bean), Dried Chillies (0.5%), Garlic Puree, Dried Red Bell Pepper, Acidity Regulator (Citric Acid), Stabilisers (Guar Gum, Xanthan Gum), Colour (Paprika Extract), White Wine Vinegar, Preservative (Potassium Sorbate)

### Cucumber

100% Cucumber.

### Lettuce

100% Iceberg Lettuce.

## Grilled Chicken Salad Deli Sandwich and Wrap

### Either -Deli Roll

Wheat Flour, Water, Wholemeal Wheat Flour, Vegetable Oil (Rapeseed), Sugar, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Thickener (Guar Gum), Flour Treatment Agent (Ascorbic Acid).

### Or - Deli Choice Wrap

Wheat Flour, Water, Humectant (Glycerol), Vegetable Oil (Rapeseed Oil), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, Wheat Starch, Flour Treatment Agent (L-Cysteine Hydrochloride).

### Grilled Chicken

Chicken (82%), Water, Vegetable Oil (Sunflower), Potato Starch, Lactose, Salt, Stabiliser (Processed Eucheuma Seaweed), Flavours, Maltodextrin, Yeast Extract, Sugar.

### Cucumber

100% Cucumber.

### Fresh Onion

100% Fresh White Onion.

### Lettuce

100% Shredded Iceberg Lettuce.

### Sliced Tomato

100% Tomato.

### Tomato Sauce

Water, Glucose-Fructose Syrup, Tomato Paste (15%), Dried Glucose Syrup, Tomato Sauce (4%) (Tomatoes, Tomato Concentrate, Vegetable Oil [Non-Hydrogenated Sunflower Oil], Olive Oil, Salt, Oregano, Sugar, Garlic, Acidity Regulator (Citric Acid)), Spirit Vinegar, Red Wine Vinegar, Extra Virgin Olive Oil (3%), Modified Maize Starch, Flavours, Salt, Dried Onion, Dried Garlic, Mustard Flour, Spices, Preservative (Potassium Sorbate), Herb.

### Yoghurt Sauce

Water, Low Fat Yoghurt (1.5% fat) (27%), Vegetable Oil (Rapeseed Oil), Sour Cream, Modified Maize Starch, Onions, Free Range Egg Yolk, Spirit Vinegar, Spices (contains Mustard), Salt, Sugar, Thickener (Xanthan Gum), Lactic Acid, Yeast Extract, Preservative (Potassium Sorbate), Natural Flavouring.

## Spicy Vegetable Deli Sandwich and Wrap\*\*

### Either -Deli Roll

Wheat Flour, Water, Wholemeal Wheat Flour, Vegetable Oil (Rapeseed), Sugar, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Thickener (Guar Gum), Flour Treatment Agent (Ascorbic Acid).

### Or - Deli Choice Wrap

Wheat Flour, Water, Humectant (Glycerol), Vegetable Oil (Rapeseed Oil), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, Wheat Starch, Flour Treatment Agent (L-Cysteine Hydrochloride)

### Spicy Vegetable Patty

Chick Peas (24%), Wheat Flour, Onion (14%), Water, Yellow Split Peas (7%), Vegetable Oils (Rapeseed, Sunflower, Palm), Potato (4%), Oat Fibre, Rice Flour, Spices, Herbs, Garlic Puree, Salt, Sugar, Yeast, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate).

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

### Cool Mayo

Water, Vegetable Oil (Soya Bean or Rapeseed Oil) (38%), Free Range Egg Yolk (4%), Modified Maize Starch, Spirit Vinegar, Sugar, Salt, Mustard Flour, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

### Sweet Chilli Sauce

Sugar, Water, Spirit Vinegar, Red Chillies (5%), Modified Maize Starch, Salt, Vegetable Oil (Rapeseed or Soya Bean), Dried Chillies (0.5%), Garlic Puree, Dried Red Bell Pepper, Acidity Regulator (Citric Acid), Stabilisers (Guar Gum, Xanthan Gum), Colour (Paprika Extract), White Wine Vinegar, Preservative (Potassium Sorbate)

### Cucumber

100% Cucumber.

### Lettuce

100% Shredded Iceberg Lettuce

\*\*Currently not approved by the Vegetarian Society.

See page 6 for more details.

## Crispy Chicken & Bacon Deli Sandwich

### Deli Roll

Wheat Flour, Water, Wholemeal Wheat Flour, Vegetable Oil (Rapeseed), Sugar, Salt, Yeast, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Thickener (Guar Gum), Flour Treatment Agent (Ascorbic Acid).

### Chicken Legend Patty

Chicken (60%), Coating [Wheat Flour, Vegetable Oil (Rapeseed, Sunflower), Water, Breadcrumbs (Wheat Flour, Salt, Yeast), Maize Starch, Egg Albumen (Free Range Egg), Pepper, Potato Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Salt, Dried Parsley, Natural Flavouring (contains Milk, Mustard), Ground White Pepper, Milk Protein, Mustard Flour, Stabiliser (Methyl Cellulose), Colours (Capsanthin, Curcumin), Ground Red Pepper, Celery Seed], Water, Potato Starch, Natural Flavourings, Yeast Extract Powder, Salt, Ground White Pepper, Anti-caking Agent (Silicon Dioxide), Emulsifier (Polysorbate 80).

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

### Cool Mayo

Water, Vegetable Oil (Soya Bean or Rapeseed Oil) (38%), Free Range Egg Yolk (4%), Modified Maize Starch, Spirit Vinegar, Sugar, Salt, Mustard Flour, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate.

### Sweet & Tangy Sauce

Water, Glucose-Fructose Syrup, Sugar, Tomato Paste, Worcester Sauce (Water, Malt Vinegar, Cane Molasses, Acetic Acid, Salt, Tamarind Extract, Spices, Dried Garlic), Malt Vinegar, Spirit Vinegar, Modified Maize Starch, Pineapple Juice Concentrate, Salt, Smoked Salt, Dried Barley Malt Extract, Cane Molasses, Mustard Flour, Dried Onion, Dried Garlic, Preservative (Potassium Sorbate), Spice, Red Pepper.

## **Streaky Bacon**

Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with more than 220g pork per 100g finished product.

## **Sliced Tomatoes**

100% Tomato

## **Lettuce**

100% Shredded Iceberg Lettuce

## **Crispy Chicken & Bacon Deli Wrap**

### **Deli Choice Wrap**

Wheat Flour, Water, Humectant (Glycerol), Vegetable Oil (Rapeseed Oil), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Emulsifier (Mono and Diglycerides of Fatty Acids), Stabiliser (Carboxy Methyl Cellulose), Yeast, Salt, Wheat Starch, Flour Treatment Agent (L-Cysteine Hydrochloride)

### **Chicken Select**

Chicken (57%), Wheat Flour, Vegetable Oil (Rapeseed, Sunflower), Water (6%), Rice Flour, Modified Maize Starch, Wheat Gluten, Salt, Potato Starch, Natural Flavourings (contains Mustard), Onion Powder, Garlic Powder, Ground White Pepper, Ground Black Pepper, Raising Agents (Sodium Bicarbonate, Disodium Diphosphate), Stabiliser (Carrageenan), Yeast Extract, Colour (Paprika Extract), Acidity Regulators (Sodium Carbonate, Sodium Citrate), Ground Red Pepper, Anti-Caking Agent (Silicon Dioxide), Dextrose, Ground Celery Seed, Emulsifier (Polysorbate 80).

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

## **Cool Mayo**

Water, Vegetable Oil (Soya Bean or Rapeseed Oil) (38%), Free Range Egg Yolk (4%), Modified Maize Starch, Spirit Vinegar, Sugar, Salt, Mustard Flour, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Lemon Juice Concentrate

## **Sweet & Tangy Sauce**

Water, Glucose-Fructose Syrup, Sugar, Tomato Paste, Worcester Sauce (Water, Malt Vinegar, Cane Molasses, Acetic Acid, Salt, Tamarind Extract, Spices, Dried Garlic), Malt Vinegar, Spirit Vinegar, Modified Maize Starch, Pineapple Juice Concentrate, Salt, Smoked Salt, Dried Barley Malt Extract, Cane Molasses, Mustard Flour, Dried Onion, Dried Garlic, Preservative (Potassium Sorbate), Spice, Red Pepper.

## **Streaky Bacon**

Pork Belly, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate). Made with more than 220g pork per 100g finished product.

## **Sliced Tomatoes**

100% Tomato

## **Lettuce**

100% Shredded Iceberg Lettuce

# Salads

## Chicken and Bacon Salad

### Salad Leaf

Iceberg, Romaine, Carrot, Lollo Rosso, Tatsoi, Spinach.

*NB Amount of each salad item in portion may vary depending on how salad mixed.*

### Cherry Tomatoes

100% Tomato.

### Grilled Chicken

Chicken (82%), Water, Vegetable Oil (Sunflower), Potato Starch, Lactose, Salt, Stabiliser (Processed Eucheuma Seaweed), Flavourings, Maltodextrin, Yeast Extract, Sugar.

### OR

### Chicken Legend Patty

Chicken (60%), Coating [Wheat Flour, Vegetable Oil (Rapeseed, Sunflower), Water, Breadcrumbs (Wheat Flour, Salt, Yeast), Maize Starch, Egg Albumen (Free Range Egg), Pepper, Potato Starch, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Salt, Dried Parsley, Natural Flavouring (contains Milk, Mustard), Ground White Pepper, Milk Protein, Mustard Flour, Stabiliser (Methyl Cellulose), Colours (Capsanthin, Curcumin), Ground Red Pepper, Celery Seed], Water, Potato Starch, Natural Flavourings, Yeast Extract Powder, Salt, Ground White Pepper, Anti-caking Agent (Silicon Dioxide), Emulsifier (Polysorbate 80).

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

### Streaky Bacon

Pork Bellies, Salt, Preservative (Sodium Nitrite), Antioxidant (Sodium Ascorbate).

*Made with more than 220g pork per 100g of finished product.*

## Garden Side Salad

### Salad Leaf

Iceberg, Romaine, Carrot, Lollo Rosso, Tatsoi, Spinach.

*NB Amount of each salad item in portion may vary depending on how salad mixed.*

### Cherry Tomatoes

100% Tomato.

## Salad Dressings

### McDonald's Low Fat Caesar Dressing

Water, Spirit Vinegar, Sugar, Dried Medium Fat Hard Cheeses (5%) (contains Milk, Salt, Acidity Regulator (Sodium Citrate), Vegetarian Rennet, Lysozyme), Natural Yoghurt, Stabiliser (contains Modified Maize Starch, Whey Protein Concentrate, Pectin, Xanthan Gum, Sodium Alginate, Guar Gum), Salt, Vegetable Oil (Soya Bean), Worcester Sauce (Malt Vinegar, Molasses, Water, Onion, Salt, Tamarinds, Spices, Garlic, Lemon Juice), Garlic, Black Pepper, Colours (Titanium Dioxide, Caramel), Preservative (Potassium Sorbate), Oregano, Onion Powder, Natural Rosemary Extract, Citric Acid.

### McDonald's Low Fat Balsamic Dressing

Water, Balsamic Vinegar (30%), Sugar, Salt, Extra Virgin Olive Oil, Preservative (Sodium Acetate), Stabiliser (Xanthan Gum), Acidity Regulator (Sodium Carbonate), Natural Flavouring.





# desserts

## Fruit Bag

75% Apple, 25% Grape.



## Carrot Sticks

100% Carrot.



## Ice Cream Cone

### Ice Cream

Skimmed Milk, Cream, Sugar, Whey Powder, Glucose Syrup, Stabiliser (Guar Gum, Mono and Diglycerides of Fatty Acids, Nature Identical Flavouring, Carrageenan, Dextrose).

### Ice Cream Cone

Wheat Flour, Sugar, Potato Starch, Vegetable Fat (Rapeseed), Raising Agents (Magnesium Carbonate, Sodium Bicarbonate), Emulsifier (Soya Lecithin Mix (contains Soya Lecithin, Glucose Syrup, Milk Protein, Silicon Dioxide)).

## Cadbury Chocolate Flake 99

Milk, Sugar, Cocoa Butter, Cocoa Mass, Vegetable Fat, Emulsifier (Ammonium Phosphatides), Flavourings.

## McFlurry

### Ice Cream

Skimmed Milk, Cream, Sugar, Whey Powder, Glucose Syrup, Stabiliser (Guar Gum, Mono and Diglycerides of Fatty Acids, Nature Identical Flavouring, Carrageenan, Dextrose).

## Cadbury Crunchie Pieces

Honeycomb Granules (Sugar, Glucose Syrup, Aerating Agent (Sodium Bicarbonate)), Milk Chocolate (Milk, Sugar, Cocoa Mass, Cocoa Butter, Vegetable Fat, Emulsifiers (Ammonium Phosphatides, Polyglycerol Polyrinoleate), Flavouring), Vegetable Fat, Glazing Agents (Gum Arabic, Shellac).

## Cadbury Dairy Milk Chocolate Chips

Milk, Sugar, Cocoa Butter, Cocoa Mass, Emulsifier (Soya Lecithin).

## Nestlé Smarties

Sugar, Cocoa Mass, Whey Powder Product, Butter Oil, Cocoa Butter, Skimmed Milk Powder, Wheat Flour, Starch, Emulsifier (Sunflower Lecithins), Fruit and Vegetable Concentrates (Safflower, Radish, Black Carrot, Lemon, Hibiscus, Red Cabbage), Spirulina Concentrate, Orange Extract, Glazing Agents (Carnauba Wax, Bees Wax), Invert Sugar Syrup.

## Sundaes

### Ice Cream

Skimmed Milk, Cream, Sugar, Whey Powder, Glucose Syrup, Stabiliser (Guar Gum, Mono and Diglycerides of Fatty Acids, Nature Identical Flavouring, Carrageenan, Dextrose).

## Strawberry Sauce

Strawberries (37%), Sugar, Glucose Syrup, Water, Gelling Agent (Pectin), Acidulant (Citric Acid).

## Toffee Sauce

Glucose Syrup, Sweetened Condensed Whole Milk, Glucose-Fructose Syrup, Butter, Modified Starch (Hydroxy Propyl Distarch Phosphate), Malted Barley Extract, Stabilizer (Sodium Citrate), Salt, Flavour, Flavour Vanillin.

## Sweet Treats

### Low Fat Blueberry Muffin

Wheat Flour, Sugar, Water, Blueberries (17%), Free Range Whole Egg Powder, Dextrose, Raising Agents (Sodium Bicarbonate, Diphosphates, Calcium Phosphate), Wheat Starch, Emulsifier (Mono- and Diglycerides of Fatty Acids), Whey Solids (From Milk), Modified Starch, Salt, Free Range Dried Egg Yolk, Natural Flavouring, Stabilisers (Guar Gum, Xanthan Gum).

**Double Chocolate Muffin**

Wheat Flour, Sugar, Water, Vegetable Oil (Rapeseed), Milk Chocolate (7%) (Sugar, Milk Powder, Cocoa Butter, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Flavouring), Plain Chocolate (7%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Natural Flavouring), Free Range Whole Egg Powder, Modified Starch, Fat Reduced Cocoa Powder (2%), Raising Agents (Sodium Bicarbonate, Diphosphates), Whey Solids (From Milk), Emulsifiers (Propan- 1,2-diol Esters of Fatty Acids, Mono- and Diglycerides of Fatty Acids, Sodium Stearoyl-2-lactylate), Free Range Dried Egg White, Salt, Stabiliser (Xanthan Gum).

**Sugar Donut**

Wheat Flour, Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar, Dextrose, Yeast, Soya Flour, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Salt, Milk Whey, Emulsifiers (Sodium Stearoyl-2-Lactylate, Mono and Diglycerides of Fatty Acids), Powdered Skimmed Milk, Antioxidant (Tocopherol, Fatty Acid Esters of Ascorbic Acid, Ascorbic Acid), Whole Powdered Free Range Egg, Colouring (Beta Carotene).

**Belgian Bliss Brownie**

Belgian Plain Chocolate (29%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier (Soya Lecithin), Flavouring (Natural Vanilla)), Sugar, Wheat Flour, Water, Butter, Vegetable Oil (Rapeseed), Belgian Milk Chocolate (5%) (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Flavouring (Natural Vanilla)) Free Range Whole Egg Powder, Salt.

**Apple Pie**

Water, Apples 23%, Wheat Flour, Sugar, Vegetable Oil (Rapeseed, Palm), Modified Waxy Maize Starch, Salt, Dextrose, Invert Sugar (White Sugar, Cane Sugar, Water), Spices, Natural Flavourings, Cassia Extract, Citric Acid.

*Prepared in the restaurants using a non-hydrogenated vegetable oil.*

**Birthday Cake**

Chocolate Sponge (70%) (Water, Sugar, Wheat Flour, Vegetable Oil (Rapeseed), Fat Reduced Cocoa Powder (5%), Emulsifiers (Propane 1,2 Diol Esters of Fatty Acids, Mono- and Diglycerides of Fatty Acids, Polyoxyethylene Sorbitan Monostearate), Free Range Dried Egg White, Free Range Egg Yolk Powder, Whey Solids (From Milk), Raising Agents (Sodium Bicarbonate, Disodium Diphosphate, Calcium Phosphate), Modified Starch, Dextrose, Salt, Stabilisers (Xanthan Gum, Sodium Carboxymethyl Cellulose, Guar Gum), Flavouring.

Chocolate Fudge Icing (29%) (Sugar, Invert Sugar Syrup, Vegetable Oil (Sunflower, Palm), Glucose Syrup, Water, Fat Reduced Cocoa Powder (3%), Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids), Preservative (Potassium Sorbate), Citric Acid, Flavouring).

White Chocolate Flakes (Sugar, Cocoa Butter, Full Cream Milk Powder, Dextrose, Emulsifier (Soya Lecithin)), Milk Chocolate Flakes (Sugar, Cocoa Mass, Milk Powder, Emulsifier (Soya Lecithin)), Plain Chocolate Flakes (Sugar, Cocoa Mass, Cocoa Powder, Cocoa Butter, Emulsifier (Soya Lecithin)).

Vanilla Frosting (Sugar, Vegetable Oil (Palm, Rapeseed), Water, Humectant (Sorbitol Syrup), Skimmed Milk Powder, Cream Cheese Powder, Emulsifying Salts (Phosphates, Sodium Citrate), Citric Acid, Salt, Emulsifier (Polyoxyethylene Sorbitan Monostearate), Preservative (Potassium Sorbate), Flavouring)

ALLERGEN ADVICE: Contains Wheat/Gluten, Eggs, Soya, Milk.

Suitable for vegetarians.

## Coffee – Cappuccino, Latte, Espresso and Black Coffee

### Coffee

100% Roasted Coffee Beans, Water.

*Made using Arabica coffee beans specially selected from sustainable farms certified by the Rainforest Alliance™.*

### Cadbury Chocolate Sprinkles (added to Cappuccino)

Sugar, Cocoa, Salt, Flavourings.

### Milk

100% Organic Semi Skimmed Milk

### Tea

Blended Black Tea, Water.

*PG tips tea is now fully from Rainforest Alliance Certified™ farms.*

## Milk – Portion

Organic Semi Skimmed Milk

## Splenda Sweetener Sachet

Maltodextrin, Sucralose (1%).

## White Sugar Sachet

Sugar.

## Hot Chocolate

Water, Sugar, Skimmed Milk, Fat Reduced Cocoa, Vegetable Oil (Palm), Whey Powder, Salt, Stabiliser (Trisodium Citrate), Flavouring, Emulsifier (Soya Lecithin).

## Coca-Cola

Carbonated Water, Sugar, Colour (Sulphite Ammonia Caramel), Phosphoric Acid, Flavourings (including Caffeine)

## Sprite Z

Carbonated Water, Citric Acid, Flavourings, Sweeteners (Aspartame\*, Acesulfame K), Preservative (Sodium Benzoate), Acidity Regulator (Sodium Citrate).

*\* contains a source of Phenylalanine*

## Diet Coke

Carbonated Water, Colour (Caramel), Sweeteners (Aspartame\*, Acesulfame K), Flavourings (including Caffeine), Phosphoric Acid, Citric Acid, Preservative (Sodium Benzoate), Acidity Regulator (Sodium Citrate), Anti-foaming agent (Dimethyl Polysiloxane).

*\* contains a source of Phenylalanine*

## Coke Zero

Carbonated Water, Colour (Caramel), Phosphoric Acid, Sweeteners (Aspartame\*, Acesulfame K), Flavourings (including Caffeine), Acidity Regulator (Sodium Citrate), Preservative (Sodium Benzoate), Anti-Foaming Agent (Dimethyl Polysiloxane).

*\* contains a source of Phenylalanine.*

## Fanta Orange

Carbonated Water, Sugar, Citric Acid, Stabilisers (Acacia Gum, Glycerol Esters of Wood Rosin), Flavourings, Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate, Sodium Benzoate), Sweeteners (Acesulfame K, Sodium Saccharin), Colour (Beta Carotene)

## Irn Bru

Carbonated Water, Sugar, Citric Acid, Flavourings (including Caffeine and Quinine), Preservative (Potassium Sorbate), Colour (Apocarotenal), Ammonium Ferric Citrate (0.012%).

*NB Only available in restaurants in Scotland.*

## Organic Milk (Semi-Skimmed)

Fresh Organic Semi Skimmed Milk.

## Buxton Natural Mineral Water

Natural Mineral Water.

## Tropicana Orange Juice

100% Pure Unsweetened Orange Juice (not from concentrate).

## **Robinsons Fruit Shoot™ (Blackcurrant & Apple – no added sugar)**

Water, Fruit Juices from Concentrate (Blackcurrant 6%, Apple 4%), Acidity Regulator (Sodium Citrate), Citric Acid, Preservatives (Potassium Sorbate, Dimethyl Dicarboxylate), Sweeteners (Aspartame\*, Acesulfame K), Natural Flavouring, Natural Colour (Anthocyanins), Antioxidant (Ascorbic Acid).

*\*contains a source of Phenylalanine.*

## **Milkshakes**

### **Milkshake Base**

Milk, Sugar, Whey Powder, Glucose Syrup, Cream, (40% Butterfat), Stabiliser (Guar Gum, Carageenan (Standardised with Sugars), Dextrose, Carob Gum.

### **Banana Flavour Milkshake Syrup**

Sugar, Water, Glucose Syrup, Natural Colouring Agent (Curcumin), Banana Flavour, Natural Colouring Agent (Paprika Extract), Acidifier (Citric Acid), Preservative (Potassium Sorbate).

### **Chocolate Flavour Milkshake Syrup**

Glucose Syrup, Water, Glucose-Fructose Syrup, Reduced Fat Cocoa Powder (6.6%), Acidulant (Phosphoric Acid), Colour (Caramel), Caramel Sugar Syrup, Salt, Flavour, Butter Fat, Cocoa Mass, Acidulant (Citric Acid), Emulsifier (Soya Lecithin), Preservative (Potassium Sorbate).

### **Strawberry Flavour Milkshake Syrup**

Water, Sugar, Glucose Syrup, Strawberry Juice Concentrate, Colour (Beetroot Juice Concentrate), Acidulant (Citric Acid), Strawberry Flavour, Preservative (Potassium Sorbate).

### **Vanilla Flavour Milkshake Syrup**

Water, Sugar, Colour (Caramelised Sugar), Flavour (Vanillin), Acidifier (Citric Acid), Preservative (Potassium Sorbate).

# customer services team



If you have any questions about our food and its nutritional content, or about allergies or intolerances, please call our Customer Services team on 08705 244622.

Or write to:  Customer Services  
McDonald's Restaurants Limited  
11-59 High Road  
East Finchley  
London N2 8AW

From time to time we have promotional items on the menu. If you require any information on these products please do not hesitate to ask a restaurant manager for ingredient information or contact Customer Services. Promotional product information can also be found on our website

**[www.mcdonalds.co.uk](http://www.mcdonalds.co.uk)**

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All information given in this document applies to the UK only and is correct at the time of going to press, but is subject to change without notice. Some restaurants do not sell all products. A product may be subject to some variation depending on factors such as the ingredients used, the supplier, the region of the country and the season of the year. Therefore, the products described in this document may not be identical to the product served in a particular restaurant.

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